



Curriculum – Mini Kick

Activity # - 133

Game Title:	Cars	Game Theme:	Pixar Movie
Learning Outcome(s):	Develop dribbling and running with the ball		



Organization:

1. 20 x 20 yard area set up as shown
2. 1 ball per player
3. Cones for cities
4. Pinnies for lakes

Story/Description:

1. At each corner of the country (area) there is a major city (cones in the corner)
2. There is New York, Chicago, LA and San Francisco
3. When the coach calls out a city the players must start their cars (ball) and drive as quickly as they can to that city
4. Watch out for the lakes in the middle, if you drive your car in there it may sink!

Coaching Points:

1. Big touches when you drive on the highway
2. Keep your head up
3. Change of direction
4. Change of speed

Developments:

1. P – Call out a city and then quickly change this so that players have to turn around their cars
2. R – No balls